



## **Cranberry Cravings**

Serves: 1

Ingredients:

- ½ cup whole cranberries, fresh or frozen
- 1 carrot
- 3 oranges
- 1 lemon

Directions:

1. Wash all ingredients thoroughly.
2. Juice cranberries.
3. Juice carrot, oranges and lemon.
4. Whisk together and enjoy over ice.